

- Passport
- Sufficient cash (see above)
- At least 3 copies of your passport

Clothing

- 1 week supply of socks/underwear
- 2-3 shirts/blouses (short and long sleeved)
- 5 t-shirts
- 2 pants/skirts
- 3 shorts
- Swimwear
- Rain jacket
- Sandals and sneakers
- Light sweater/fleece
- Hat
- Sunglasses
- Towel (optional)

Toiletries

- Shampoo/conditioner
- Dental floss
- Sunscreen
- Razors
- Deodorant
- Bug spray
- Makeup
- If you wear contacts or glasses take at least one extra pair as well as supplies.
- Ibuprofen/aspirin
- Pepto Bismol/stomach upset medicine
- Any medications you may need in their original containers along with copies of their prescriptions.
- EpiPen (if you have allergies and use this device)
- Anything else you deem essential or may need in an emergency

Electronics

- Camera or video camera
- Cell phone
- Chargers
- Flashlight (optional)

